



HOLY FAMILY ACADEMY

A DAY IN THE LIFE OF A PRE-KINDERGARTEN STUDENT

8:30-8:50: Once the children finish their morning routine, which consists of tucking backpacks into cubbies and putting lunches and folder in their places, the children are ready for circle time. During this time, we talk about the calendar, weather, saint and feast days, do show and tell, memorize poems, learn songs, read stories etc.

8:50-11:00 The children are shown presentations, “new work”, and have time to practice them as well as time to repeat other work they have been shown. Children learn “How to prepare a snack”. Every day a healthy snack will be provided by the school for your child to prepare and eat when they are hungry.

11:00 The full day children join the “big kids” in the Kattar Hall for lunch; a designated table is set up just for them. We continue to practice our manners and polite dinner conversation during lunch. The half day students continue work time, do some large motor activities and get ready for pick-up.

11:30 The half day children are dismissed, while the full day children head out for recess.

12:00-12:20 The children hang up their outdoor gear, and as a school we pray the Angelus.

12:20-12:35 The children get ready for rest time.

12:40 Children settle in on their resting mats, while the rosary is prayed aloud. When children are done resting, they are responsible; with help and encouragement, for putting away their mat, blankets and books, putting their shoes back on, and putting folders and lunch boxes back into backpacks. The children are then free to choose to work, have a snack or read.

2:45 The children clean up and are ready for dismissal at 3:00